

Hello-

Welcome to the 2021 track season for Sandcreek Middle School. We are sooooo excited to have you join us this year. Unfortunately, last year our season got cut short, so we are hopeful this year we will be able to stay safe so we can have a successful season. As coaches, we will be giving 100% to make sure your athlete has a fabulous experience, and all we ask from them is to give their best and be supportive.

SPIRIT PACK

This year we will be offering t-shirts, joggers and sweatshirts for our track gear. Your athlete received the form yesterday with the information, but I'm going to include it here in case the paper got lost. 😊 T-shirts are \$8, joggers are \$35 and sweatshirts are \$30. The shirt and sweatshirt will be red with black and white lettering. We are not putting anything about SMS on the design so if you have an athlete in 8th grade, they will be able to use these in high school. The joggers will be black with a red dragon on the pocket. To be able to have these in time for our first meet, I need all orders by THIS FRIDAY (19th). Your athlete needs to bring the order form and money (including the pay to play fee, which is \$30) to Mrs. Moad (bookkeeper).

PRACTICES

- Practices will be Tues- Friday from 3:45-5pm.
- Each athlete needs to attend ALL the practices. It is required for all athletes to attend 7 practices before they are allowed to participate in their first meet. While track is an individual sport, it is also a team sport and we need to depend on each individual on the team.
- If your athlete needs to miss practice/meets, please contact Coach Morgan to let her know. Her email is morgana@d93mail.com. It is expected that a student comes to practice if they attend school that day.
- Your athlete will need to attend practice the day before the meet if they want to participate in the meet that week. They are also required to be at school the day of the meet. If they don't attend school, they cannot attend the meet.
- Each athlete needs to check in with us at the beginning of EACH practice. We will be taking attendance and if they do not check in, they will not be counted for that practice.
- Each athlete needs to wear school approved shorts/sweats/t-shirts and good running shoes for practice/meets. Remember this is spring and we do live in Idaho so weather changes ALL the time, please make sure your athlete has warm and cool clothes for the ever-changing weather (you will often find me huddled up in gloves, hat and a warm blanket at the meets 😊)
- Each athlete needs to bring a water bottle since we will be outside and they will not be able to go back in the school to get a drink. This is especially important this year, due to COVID, because we don't want kids sharing water bottles.

MEETS

- Meets will be held once a week (look at schedule below) and we are asking that athletes please stay the entire time to cheer on their teammates.
- If a student does need to leave a meet early, they have to be checked out by Coach Morgan (she will be in the stands with her clipboard), and it has to be a parent that signs them out. They are not allowed to go with anyone (other than a parent) unless you send a note with your athlete **the day BEFORE** the meet.
- All athletes are required to have a 2.0 GPA and NO F's. Also, they cannot have any U (unsatisfactory) citizenship grade

COVID

We know COVID is a concern for many people and we are definitely wanting to do our part to keep everyone safe, so please make sure your athlete has a mask for the meets. When we are riding in the school bus, if the bus driver requests the athletes to wear a mask they will be required to wear one. If your athlete is sick, please keep them home. Thank you!

MORE ON BACK

I think that is all. Again, we are excited for our season this year and looking forward to working with these fantastic athletes. Please don't hesitate to reach out to any of us with questions or concerns.

Thank you,

Coach Morgan- morgana@d93mail.com

Coach Campbell- campbelj@d93mail.com

Coach Cameron- bryanc@d93mail.com

Coach Kim- bryank@d93mail.com

IMPORTANT- WE ARE NEEDING HELP WITH THE MEET WE ARE HOSTING ON APRIL 15TH. PLEASE LET ME KNOW IF YOU ARE ABLE TO HELP- NO EXPERIENCE NEEDED!!!! YOU CAN EMAIL ME AT morgana@d93mail.com

Date	Day	OPPONENT	LOCATION
April 8	Thursday	SMS, Mtn. View, TV	Mountain View
April 15	Thursday	SMS, RMMS, TV	Thunder Stadium
April 22	Thursday	SMS, ER, Madison	Madison
April 29	Thursday	SMS, Farnsworth, TV	Ravsten
May 5	Wednesday	SMS, Hobbs, Mtn. View	Mtn. View
May 11	Tuesday	Conference Meet	Madison
May 12	Wednesday	Conference Meet	Madison

Please sign this form so we know you are aware of the rules/expectations and return by Friday March 19. Thank you!

Athletes Name _____

Athletes Signature _____

Parent Name _____

Parent Signature _____