

## Athletic Consent/Rules

I/We give our consent for \_\_\_\_\_ to participate in organized high school athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, some of the most advanced protective equipment and strict observance to rules, injuries are still a possibility. On rare occasions these injuries can be so severe as to result in total disability, paralysis or even death. I/We acknowledge that I/we have read and understand this warning.

This consent includes travel to and from athletic contests and practice sessions. I/We further consent to treatment deemed necessary by physicians designated by school authorities for any illness or injury resulting from his/her athletic participation.

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

My participation in interscholastic athletics for the above school is entirely voluntary on my part, and with the understanding that I have not violated any of the eligibility rules and regulations of the state association.

Student Athlete \_\_\_\_\_ Date \_\_\_\_\_

### Training Rules

The coach can set rules for training as long as they do not conflict with school policy. Athletes are, because of their exposure to the public, ambassadors of the School District. The schools are often judged by the members of the community and in other communities by the actions of the students who represent them in the athletic area. This is a weight, but nonetheless real, responsibility we place on the shoulders of our young people.

Because of the representative role that our athletes must naturally assume, and because athletic programs are optional, it is expected that all athletes, both boys and girls, will adhere to certain minimum standards of behavior and scholarship as established by the Board, the building administrator, and the coach. Violation of these standards at any time during the sport season in question shall be considered in two categories to be defined as:

I. **Major Offense**

- A: sale, or possession of drugs, alcohol, or tobacco
- B: Felony offense
- C: petty theft
- D: other serious disruptive acts or repeated minor offenses

II. **Minor Offenses**

All disruptive actions not listed above to include, but not limited to:

- A: unsportsmanlike actions
- B: insubordination
- C: violations of other rules and regulations as established by the coach and/or the building administration.

Those individuals found to be guilty of violating the behavior standards shall be dealt with in the following manner:

I. Minor offenses shall be handled by the coach and/or the building principal.

II. Major offenses are to be reviewed by the coach and principal.

A: First violation: Suspension for 10% of the season's scheduled games meant to be not less than one game. If the offense occurs with less than 10% of the present season remaining, the suspension will then carry over to the next sport season in which the athlete participates.

B: Second Violation: Suspension from the activity for the remainder of that sport season with forfeiture of all awards gained during that season. The first violation may have occurred in a prior sports season. If less than 10% of the season remains, the suspension will carry over to the next sport season in which the athlete participates.

C: Third Violation: Suspension from the activities for the remainder of the school year. Previous two violations may have occurred in a prior sports season.

D: If there should be a fourth or subsequent violation, it will be treated the same as a third.

E: In the instance of extreme violations (such as felonies) any of the above steps may be bypassed.

The above penalties and standards are to be considered as minimum only. Coaches and administrators may set more rigid standards of conduct and dress, and they may take more serious action as the circumstances indicate. It shall be the responsibility of the principal or his designee, to see that every athlete has on file in the individual's school office a letter signed by his /her and the parents indicating knowledge of these regulations.

We have read the training rules.

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Student Athlete \_\_\_\_\_ Date \_\_\_\_\_